

# WINTER NEWSLETTER

Select Support Partnerships  
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## IN THIS ISSUE...

### Christmas Events

### Celebrations – The Big "50"

### Service User – Spotlight

### Feedback

## WELCOME

Welcome to the winter edition of our newsletter. In this newsletter there will be news and pictures from the Christmas events, celebrations, a Service User Spotlight and some feedback we received from a service user and his family.

## CHRISTMAS PARTY – BLACKBURN

On Thursday the 19th of December 2019, we had a Christmas party for all the service users at East Lancashire Cricket Club. We had music, food and even party games. It was a great afternoon and everyone really enjoyed themselves, especially when playing pass the parcel!



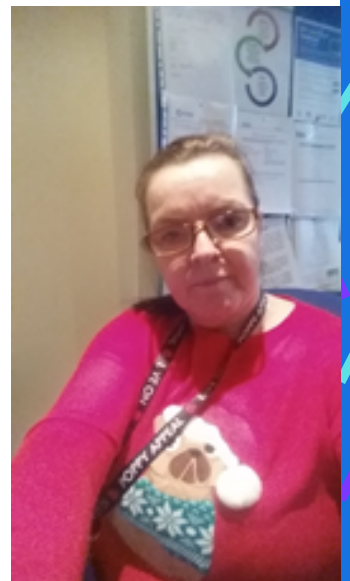
## CHRISTMAS PARTY – MANCHESTER

Our service users over in Manchester had a party on Christmas Day where everyone was full of fun and festivities - Here are some pictures from that day.



## CHRISTMAS JUMPER DAY

On Friday the 13th of December 2019, we celebrated Christmas Jumper Day in aid of "Save The Children" charity. Service users and staff wore their Christmas jumpers for this great cause. On the day we raised a grand total of £46.66! A big thank you to everyone that donated and took part.





## CELEBRATIONS

On the 3rd of February, Stuart, one of our service users from Blackburn, celebrated his 50th birthday!



Thank you to everyone who made this day special for Stuart!



## AWARENESS CAMPAIGNS

There are some important awareness campaigns coming up including:

Eating Disorders Awareness Week 25th February

No Smoking Day - 13th March

World Sleep Day - 15th March

Nutrition and Hydration Week - 16th March

International Day Of Happiness - 20th March

Stress Awareness Month - 1st April

Autism Awareness Day - 2nd April

## FEEDBACK

Over the past few months we've had some great feedback regarding the service we provide. This is a testament to all the hard work our staff undertake on a daily basis to make sure our service users are valued and cared for. We value any feedback, positive or negative from you.

"Magnificent support from his key worker who helped him to lose weight, stop smoking, be independent and go on holidays. So pleased with everything"

## SERVICE USER ....SPOTLIGHT



Hi, I'm Chris, I'm 55 and I'm from Blackburn. My favourite thing to do is to play Buzzy Bingo, even if sometimes I don't win! I also work at McDonalds at Whitebirk, where I have worked for over 20 years! I like working at McDonalds because I like talking to staff and customers. I have other interests which include music and sports. I prefer pop and country music to other genres and I like watching football, especially Blackburn Rovers. I went to watch them live on Boxing Day where they played Birmingham City. The match finished 1-1 but I enjoyed it.



## UPCOMING EVENTS

We have some really great local events coming up:

- 31st March 2020: We will be having an Easter Tea Party!
- 28th May 2020 is Eid so we will be having a special party at our Blackburn service to celebrate!!



## HOLIDAYS ABROAD

One of our service users recently went on a pilgrimage. This was a spiritual and educational trip for him - one he very much enjoyed. The service user didn't want to leave and can't wait to go back. He mentioned it was a life changing experience for him.

